



May 2009

Activity Calendar



<i>Mon</i>	<i>Tues</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
Kids. It kills you to see them grow up. But I guess it would kill you quicker if they didn't. ~Barbara Kingsolver, <i>Animal Dreams</i>				1 Becky Kimball Easy Listening 11:30
4 Kelly Warren & His Guitar 11:30 Jam Session <i>Peter Pan</i> 6:00	5 Brunch & Learn How to Talk to your Doc. 10-11 Cinco de Mayo celebration 11:30	6 Crystal Hot Springs 1:00 a Birthday Party 12:30 Integrity Foot Clinic by appt.	7 Wii games 10:30-Noon USU Extension Service 12:30: "Herbs"	8 Mother's Day Luncheon Trevor White Contemporary Music
11 Advisory Council 9:15 Kelly Warren & His Guitar 11:30 Jam Session	12 Logan Adventure 9:00	13 Crystal Hot Springs 1:00 Memory Club 10-12 Jerry Jensen Honky Tonk Piano 11:30	14 Chiropractic by appt. Lunch sponsored by Myer's Parkinson's Support Grp. Caregiver's Comfort Club 6 p Card Making with Lorica 10-11	15 Renaissance Faire 10:30 Senior Showcase 11-2 Dinner Dance with Sage Junction 6-9
18 Wendover 7:30 a Lunch sponsored by Gillies Kelly Warren & Senior Karaoke 11:00	19 Pin Trading Day	20 Pioneer Care Center Program 12:30 Cindy Page Foot Clinic by appt Making Life Better Day 4-6	21 Red Hat Society regular meeting 1:15 Wii games 10:30-Noon Volunteer Training 5:00	22 Program TBA
25 CENTER CLOSED	26 Hatch's Conference on Aging Meet Your Pen Pal at Lunch with Seniors	27 SENIOR HEALTH AND FITNESS DAY PIONEER PARK 10-4	28 Commodities	29 Senior Super Sell-a-thon 8-3 Integrity Dollar Days Sat. 30th Senior Super Sell-a-thon 9-3

DAILY

Lunch M-F 12-1
 Hall Walking 8-10 a
 Library M-F 8-4
 Pool Room M-F 8-4
 Computer Lab 8-12;1-4

WEEKLY

Tai Chi M 10:00a
 Advanced Spanish M 10:00 a
 Intermediate Spanish T 10:00
 Watercolor T 9:30-12

Square Dance T 7:00 p
 Tu/Th Ceramics 10-4
 Line Dancing M/W 1:00 p
 Yoga Tu/Th 4:00 p
 Bridge/Pinochle Th 1:00 p
 Japanese Bunka Embroidery W 9:00
 Oil Painting Th 10:00
 Sit & Be Fit W/F 10:00 a
 Tap Dancing W/F 9 a
 Crystal Hot Springs W 1:00 a
 Beginning Ceramics F 10:00 a

Hand Chimes F 1-2

Computer classes as scheduled:
 Contact Nancy to enroll.

GENERAL INFO: Telephone Reassurance, Friendly Visitor, Info. and Referral; Senior Transit M-W-F 723-3303 X18; MOW Hot meals M-F Frozen Sat-Sun.; **Please make lunch & To Go reservations one day in advance.**